

Regional Mental Health Center and Geminus Corporation have many services to provide care for your family's needs. What services can we help you with?

Is there an Immediate need for Suicide Prevention or Emergency Services?

Regional Mental Health Center Emergency Services can help you right away! Geminus can help with training needs.

- Merrillville **219-736-7200**
- East Chicago **219-736-7200**
- **National Suicide Prevention Line (1-800-273-8255) (1-800-273-TALK)**
- NW IN Suicide Prevention Council Training and Resources **219-757-1849**

Do you need affordable Primary Healthcare?

Regional **Health Clinic 219-937-3300** in Hammond, East Chicago & Merrillville can help with:

- Physicals
- Dental Services
- Blood Tests
- General healthcare from the common cold to more serious medical issues
- Immunizations

Do you need Pharmacy Services? Regional Mental Health Center has Genoa Pharmacy on site for everyone?

- Genoa Pharmacy, Stark Center East Chicago – **219-397-6415**
- Genoa Pharmacy, Strawhun Center Merrillville – **219-769-8171**

Would you like to give your children ages 0-5 a head start on their education but think you can't afford it?

Our **Geminus Head Start 888-893-6891** program may be able to help you enroll your children at no cost to you. We have programs throughout Lake and Porter Counties.

- Early Head Start (ages 0-3)
- Head Start (ages 3-5)

Does your family have a child with serious emotional concerns in need of behavioral help but you don't know where to turn? Call our Lake County Wraparound Services Access Site number **219-757-1868** or Regional Mental Health Center **219-794-2000** and we can help? *If you don't qualify for one of the wraparound services, they will assist you in finding appropriate community services that can help.*

- Children ages 6 years - 17 years old

Do you need Counseling Services for your family?

Regional Mental Health Center **219-769-4005** can provide:

- Individual Counseling
- Group Therapy
- Play Therapy for young children
- Family Counseling
- School Counseling for children

Has your family experienced trauma?

Regional Mental Health Center **219-769-4005** can provide:

- Trauma Informed Care (Adult or Child)
- Rapid Resolution Therapy

Need a support group or help with issues as a Lesbian/Gay/Bisexual/Transgender/Questioning (LGBTQ) individual? Geminus **219-757-1849** can offer assistance.

- Resources
- Training

Is there a need for Financial Assistance with your Child Care? Geminus enrolls eligible children/families through Child Care Development Fund (CCDF) Vouchers **219-757-1957**. *There must be a financial need based on the Federal Poverty Level, but we can help determine this for you.* A **Pre-K grant (free for 4-year olds)** may be an option

Do you have a Certified Daycare Business and need nutrition funding assistance? Our Geminus Daily Bread USDA program **219-757-1832** may be able to help you.

Do you need help with Childcare Resources or Referrals; help with Professional Development or Access to Program information? Our Geminus Early Learning Connections can help. **844-685-1500**

Is a family member in need of Acute Psychiatric Care (or inpatient hospitalization)?

Regional Mental Health Center has these services available to help them **219-736-7200**.

Is Substance Abuse an issue? Regional Mental Health Center **219-736-7200** can help provide:

- 24-Hour Crisis Services and Counseling (Adult or Child)
- Substance Use Outpatient Treatment Individual Counseling (Adult or Child)
- Substance Use Outpatient Treatment Group Counseling (Adult or Child)
- Adolescent Substance Abuse Treatment (Adult or Child)
- Diagnostic & Evaluation Services (Adult or Child)
- Intensive Outpatient Program (Adult only)
- Adult Residential Services & Substance Abuse Detoxification

Do you need Home-Based Services? Regional Mental Health **219-769-4005** can help provide:

- Home-based Family-Centered Therapy (Adult or Child)
- Homemaker/Parent Aid and Supervised visitation (Adult or Child when ordered by DCS)
- Case Management (Adult or Child)
- Skills Training (Adult or Child)
- Home-based Individual therapy (Adult or Child)
- Visitation Supervision (Adult or Child)

Are you a Father that is separated from your children and you want/need to reconnect? Our Geminus Real Fathers Initiative **219-757-1822** provides services for Fathers that want to reconnect with their children through:

- Housing assistance
- Supervised Visitation
- Abuse Intervention Management
- Employment Assistance
- Parenting classes
- Support Groups
- Paternity Assistance

Is there a need for assistance with Children’s Services (Abuse Prevention, Truancy)?

Our Geminus Community Partners program **219-757-1881** provides:

- Home-based services for children under 18 not already being helped through other programs.
- Financial Assistance to clients with needs such as NIPSCO, Rental Assist and Security Deposits
- Parent Education and Support Groups
- Case management
- Housing Search
- Employment Search
- Mentoring
- Truancy Prevention
- Crisis Intervention
- Budgeting help
- Beds for children if needed

LEAD - Leading and Educating Across Domains
219-757-1849

- Peer to Peer Youth Prevention for leadership substance abuse
- Elder LEAD – Mental Health Awareness & substance use/abuse prevention tailored to needs of seniors

Lake Cty Strategic Prevention Framework
219-757-1836

- Public Health approach to prevent behavioral issues
- Al’s Pals, College Alcohol Abuse Prevention, LGBTQ Initiative, Team Awareness, Too Good for Drugs

SAFE – Supporting Addiction-Free Environments
219-757-1835

- Coalition to reduce substance abuse among adults and adolescents
- Networking
- Partnerships
- Referrals
- Training
- Grants

Drug Free Communities
219-757-1851

- Strengthen Community support efforts to reduce alcohol and marijuana use in Merrillville youth.

Lake Cty Partnership for Success Initiative
219-757-1866

- Collaborative approach to underage drinking and prescription drug abuse.
- Project toward no drug abuse, Too Good for Drugs, SAMHSA’s Talk. They Hear you.” And Prescription Drug Misuse and Abuse campaigns

MSSI/ELCMSSI Making Students Successful Initiative
219-757-1835

- Signs of Suicide, Coping & Support training, Talk They Hear You, QPR, Youth Mental Health First Aid
- Mental Health First Aid – certification training for Adults and Youth

Are you interested in training or resources for Prevention Services? Geminus **219-757-1849** has programs!

Do you have a mentally ill family member that may need Vocational Rehabilitation?

Regional Mental Health Center **219-769-4005** or **219-736-7278** has programs that may help.

- Partners in Employment
- Leading Edge Clubhouse

Do you have a loved one or know of someone Homeless and in need of help? Regional Mental Health Center (219-769-4005 or 219-392-6011) can help with this as well.

Can your family member live independently with his mental illness, but you don’t know where to look?

Regional Mental Health Center Residential Services **219-736-7278** may be able to help with:

- Supervised Residential Care
- Transitional Residential Care
- Low-Income Assisted Living